



**NOTTINGHAM CITY COUNCIL**  
**CORPORATE PARENTING BOARD**

**Date:** Monday, 17 September 2018

**Time:** 2.30 pm

**Place:** Ground Floor Committee Room - Loxley House, Station Street, Nottingham,  
NG2 3NG

**Councillors are requested to attend the above meeting to transact the following business**

**Corporate Director for Strategy and Resources**

**Governance Officer:** Phil Wye **Direct Dial:** 0115 8764637

- 1 APOLOGIES FOR ABSENCE**
- 2 DECLARATIONS OF INTERESTS**
- 3 CHANGE OF MEETING DATE**  
To agree to change the date of the January meeting from 21 to 14 January at 2.30pm.
- 4 MINUTES**
- 5 UPDATE REGARDING NATIONAL ENQUIRY**  
Verbal update
- 6 CARE LEAVERS' SERVICE ANNUAL REPORT** 3 - 8  
Report of the Director of Children's Integrated Services
- 7 CHILDREN IN CARE CAMHS TEAM REPORT** 9 - 22  
Report of the Director of Children's Integrated Services
- 8 INDEPENDENT REVIEWING OFFICER ANNUAL REPORT** To Follow
- 9 CHILDREN IN CARE COUNCIL**  
Verbal update
- 10 FORWARD PLAN** 23 - 26

IF YOU NEED ANY ADVICE ON DECLARING AN INTEREST IN ANY ITEM ON THE AGENDA, PLEASE CONTACT THE GOVERNANCE OFFICER SHOWN ABOVE, IF POSSIBLE BEFORE THE DAY OF THE MEETING

CITIZENS ATTENDING MEETINGS ARE ASKED TO ARRIVE AT LEAST 15 MINUTES BEFORE THE START OF THE MEETING TO BE ISSUED WITH VISITOR BADGES

CITIZENS ARE ADVISED THAT THIS MEETING MAY BE RECORDED BY MEMBERS OF THE PUBLIC. ANY RECORDING OR REPORTING ON THIS MEETING SHOULD TAKE PLACE IN ACCORDANCE WITH THE COUNCIL'S POLICY ON RECORDING AND REPORTING ON PUBLIC MEETINGS, WHICH IS AVAILABLE AT [WWW.NOTTINGHAMCITY.GOV.UK](http://WWW.NOTTINGHAMCITY.GOV.UK). INDIVIDUALS INTENDING TO RECORD THE MEETING ARE ASKED TO NOTIFY THE GOVERNANCE OFFICER SHOWN ABOVE IN ADVANCE.

**CORPORATE PARENTING BOARD – August 2018**

<b>Title of paper:</b>	Care Leavers Annual Report	
<b>Director(s)/ Corporate Director(s):</b>	Helen Blackman – Director, Children’s Integrated Services. <a href="mailto:helen.blackman@nottinghamcity.gov.uk">helen.blackman@nottinghamcity.gov.uk</a>	<b>Wards affected:</b> All
<b>Report author(s) and contact details:</b>	<p>Hayley Frame- Service Manager, Children in Care and Leaving Care Service <a href="mailto:sharon.clarke@nottinghamcity.gov.uk">sharon.clarke@nottinghamcity.gov.uk</a> (0115) 8765032</p> <p>Lynn Pearce - Team Manager, Leaving Care Service <a href="mailto:lynn.pearce@nottinghamcity.gov.uk">lynn.pearce@nottinghamcity.gov.uk</a> (0115) 8762464</p> <p>Alan Monaghan - Senior Personal Advisor, Leaving Care Service <a href="mailto:alan.monaghan@nottinghamcity.gov.uk">alan.monaghan@nottinghamcity.gov.uk</a> (0115) 8762508</p>	
<b>Other colleagues who have provided input:</b>		
<b>Date of consultation with Portfolio Holder(s) (if relevant)</b>		
<b>Relevant Council Plan Key Theme:</b>		
Strategic Regeneration and Development		<input type="checkbox"/>
Schools		<input type="checkbox"/>
Planning and Housing		<input type="checkbox"/>
Community Services		<input type="checkbox"/>
Energy, Sustainability and Customer		<input type="checkbox"/>
Jobs, Growth and Transport		<input type="checkbox"/>
Adults, Health and Community Sector		<input type="checkbox"/>
Children, Early Intervention and Early Years		<input checked="" type="checkbox"/>
Leisure and Culture		<input type="checkbox"/>
Resources and Neighbourhood Regeneration		<input type="checkbox"/>
<b>Summary of issues (including benefits to citizens/service users):</b>		
This report outlines the work undertaken and progress made by the Leaving Care Service since the Pilot Ofsted Inspection in January 2017. It is the Annual Report on the Service, to update the Board on services provided to young people transitioning from care into adulthood.		
<b>Recommendation(s):</b>		
<b>1</b>	The Board continues to support and understand the duties required of the Leaving Care Service.	
<b>2</b>	To make the Board aware of the proposals for service redesign of the Leaving Care Service	

# **1 REASONS FOR RECOMMENDATIONS**

1.1 Nottingham City Council has a duty to provide services to those young people defined as Care Leavers under the Statutory Guidance; The Children Act 1989 Guidance and Regulations; Volume 3, Planning Transition to Adulthood for Care Leavers, The Children (Leaving Care) Act 2000, Children and Young Persons Act 2008 and the Children and Social Work Act 2017.

1.2 Research and practice shows that young people who have been in care will have the best chance to succeed as adults if those providing transitional care and support take the following principles into account

- Is this good enough for my child?
- Provide a second chance if things do not go as expected.
- Is the support package tailored to a young person's individual needs?

These are the principles which Nottingham City Council's Leaving Care Service uses to underpin the service they deliver to our Care Leavers. The service ensures that each young person has a Pathway Plan which outlines the support to be provided which is tailored to meet their individual needs and is reviewed regularly to ensure their transition into adulthood is successful.

1.3 The Leaving Care Service provides a range of services to young people defined under the Leaving Care Act as 'Qualifying', 'Eligible', 'Relevant' or 'Former Relevant', the definitions for which are set out within statute.

1.4 Nottingham City Council has a duty to provide and sustain young people defined as Care Leavers with suitable accommodation. The Act defines suitable accommodation as the following:

- That which is reasonably practical and suitable for the young person with regards to their needs.
- That which the responsible Authority finds satisfactory with regards to the character and suitability of the landlord/provider.
- Accommodation that complies with Health and Safety legislation.
- That which takes into account young people's views, training, education and employment needs.

1.5 As the majority of young people approach their 18<sup>th</sup> birthday, they will be working towards gaining their own tenancy. The Leaving Care Service works closely with Nottingham City Homes (NCH) who are extremely supportive of Care Leavers. There is a robust housing protocol in place which enables Care Leavers to be a priority for housing, with the aim being to ensure our young people are provided with good, safe, quality accommodation. In addition, in specific cases, a direct offer of accommodation is made by NCH to a Care Leaver, rather than the typical bidding process for accommodation.

1.6 Personal Advisors work closely with NCH Housing Patch managers to ensure young people are provided with the necessary support to sustain their own tenancies. NCH will share information if young people are struggling and there may be a risk to their tenancies. NCH provides support to young people regarding finances and is well accessed by young people.

- 1.7 There are a number of young people 'Staying Put' post 18 years of age in their former foster placements, residential homes (if appropriately registered) and within semi-independent residential placements who are not ready to manage and maintain their own tenancies.
- 1.8 Current performance with regards to Care Leavers and suitable accommodation stands at 95.7% (Q1 for 2018/2019). One of the issues affecting this performance is that young people in custody are not counted as being in suitable accommodation. For 2017/2018 our figures were 87%.
- 1.9 The Leaving Care Service employs a qualified Social Worker, whose role it is to identify those young people who would qualify for Adult Social Care Services. The post title is that of a Transitions Worker and the post has proved beneficial in ensuring that our most vulnerable Care Leavers access the appropriate Adult Social Care Service in a timely manner, and if they are not eligible, identifying other support services.
- 1.14 All young people eligible for a Pathway Plan must be allocated a Personal Advisor (PA). These are not necessarily qualified workers but have the necessary skills and expertise to work with Care Leavers. This includes providing information and support in relation to finances, housing, health, education, training and employment. They are the key professionals for co-ordinating Care Leaver support. New statutory guidance determines that local authorities now retain a role as corporate parent to care leavers up to the age of 25 years (previously Care Leavers would have a PA up until 21 years of age unless in Higher Education). Young people will be able to continue to receive support when they reach age 21, or to request PA support at any point after age 21 up to age 25, even if they had previously indicated that they did not want support.
- 1.15 In addition, new statutory guidance requires local authorities to consult on and publish a Local Offer for its care leavers. The Local Offer should provide information about all the services and support that is available to care leavers from the local authority, including information about both their statutory entitlements as well as any discretionary support. The Local Offer should set out what support all local authority departments will provide (not just Children's Services). Work is underway to develop our Local Offer, which will be published in October 2018.
- 1.16 The number of young people engaged in training, education, employment and training (EET) is crucial in ensuring young people succeed in transitioning successfully into adulthood. The Leaving Care Service employs an Employability and Training Support Coordinator who works alongside other Personal Advisors, EET Providers, voluntary organisations, Futures and internal Departments to ensure young people are engaging with education, training or employment. For 2017/2018 our figures for those engaged in EET was 57.3%.
- 1.17 The Leaving Care Service have launched an in-house employability programme that supports Nottingham's most disengaged and vulnerable care leavers to make positive steps towards training and employment. The programme is recognised by the DWP as a genuine, progressive job seeking provision for care leavers. The programme provides bespoke opportunities that aim to build a young person's confidence and give them the support that they need to develop the good habits and skills that are essential to sustaining mainstream training or employment. Each bespoke programme gives young people the opportunity to gain meaningful work

experience under the guidance of a mentor, provided by an ever increasing network of community partners and internal Nottingham City Council services.

- 1.18 In addition, the Leaving Care Service has become a registered centre for the delivery of ASDAN courses and all young people have the opportunity to achieve employability qualifications (from entry level to level 2).
- 1.19 The Leaving Care Service is working hard to ensure the participation of Care Leavers in delivering appropriate services. A Care Leavers group known as 'Your Voice' continues to meet quarterly, bringing a wide range of young people together to discuss experiences and issues that care leavers face during the transition to living independently. The group is closely linked to the Children in Care Council, with care leavers regularly feeding back on the work undertaken by the group, to other young people who are approaching leaving care. The Your Voice group has previously participated in meetings with Councillors regarding access to housing and supported accommodation; education, employment and training and the 'Have Your Say' survey findings. Representatives from the Your Voice group regularly participate in recruitment, advisory and assessment panels across Children and Families (key examples include the recruitment for Head of Service and Personal Advisor roles, and helping to assess presentations by student social workers on the Grow Our Own programme.)
- 1.20 Our 2nd annual Achievement Awards took place on the evening of Thursday 19th July 2018 at the Council House, celebrating the successes of our care leavers. 77 young people received recognition for their achievements across 6 categories; Education, Employment, Apprenticeships, Employability, Contribution to Service Improvement and Outstanding Achievement. In addition to receiving awards for their hard work, young people and their guests enjoyed celebrating their success with a 3 course meal and live entertainment by local artists who gave up their time to perform for free. The event was sponsored by a number of our key partners who provide support and opportunities for our care leavers to enter and progress in EET, including Lasting Differences, Switch Up, Nottingham City Homes and Radiant Cleaners.
- 1.21 The Pilot Ofsted Inspection in January 2017 identified that the Leaving Care Service needed to be more tenacious in ensuring the service maintains contact and support with older Care Leavers. Our response to the inspection findings included the review and updating of the Keeping in touch Protocol and the commissioning of an independent review of service delivery and structure which identified the need for additional management capacity. As a result of this, additional specialist resources were identified to support Management capacity. Currently a Youth Justice Specialist has been seconded to the Service on a part time basis and provides additional management oversight. The Leaving Care Service has also taken opportunity to learn from other Local Authorities (East Riding and Hull) and from the National Implementation Advisor for Care Leavers. In addition, the Leaving Care Service has been relocated to sit alongside the Children in Care Teams.
- 1.22 A Structure Review is currently being undertaken to address capacity and improve transitions planning. We are currently considering a new model for a 16+ team, which will be responsible for Children in Care aged 16 up to care leavers aged 25 years. This will be a team comprised of 2 Team Managers, Social Workers as well as Personal Advisors and it is anticipated that this structure will improve transition

planning and lead to better outcomes for our care leavers as they move into independence.

## **2 BACKGROUND (INCLUDING OUTCOMES OF CONSULTATION)**

- 2.1 The Board have a corporate duty to understand and promote the services that Nottingham City Council has to undertake legally, to promote the outcomes and opportunities of its Care Leavers.

## **3 OTHER OPTIONS CONSIDERED IN MAKING RECOMMENDATIONS**

- 3.1 None.

## **4 FINANCE COMMENTS (INCLUDING IMPLICATIONS AND VALUE FOR MONEY/VAT)**

- 4.1 None.

## **5 LEGAL AND PROCUREMENT COMMENTS (INCLUDING RISK MANAGEMENT ISSUES, AND LEGAL, CRIME AND DISORDER ACT AND PROCUREMENT IMPLICATIONS)**

- 5.1 None.

## **6 STRATEGIC ASSETS & PROPERTY COMMENTS (FOR DECISION RELATING TO ALL PROPERTY ASSETS AND ASSOCIATED INFRASTRUCTURE) (AREA COMMITTEE REPORTS ONLY)**

- 6.1 None.

## **7 EQUALITY IMPACT ASSESSMENT**

- 7.1 Has the equality impact of the proposals in this report been assessed?

No



An EIA is not required because:

(Please explain why an EIA is not necessary)

Not needed as the report does not contain proposals or financial decisions.

Yes



Attached as Appendix x, and due regard will be given to any implications identified in it.

## **8 LIST OF BACKGROUND PAPERS OTHER THAN PUBLISHED WORKS OR THOSE DISCLOSING CONFIDENTIAL OR EXEMPT INFORMATION**

- 8.1 None.

## **9 PUBLISHED DOCUMENTS REFERRED TO IN COMPILING THIS REPORT**

- 9.1 The Children Act, 1989; Guidance and Regulations, Volume 3, Planning Transition to Adulthood for Care Leavers.
- 9.2 The Children (Leaving Care) Act, 2000.
- 9.3 Children and Young Persons Act, 2008. The Children and Social Work Act 2017



**CORPORATE PARENTING BOARD – October 2018**

<b>Title of paper:</b>	Improving and achieving good outcomes for Nottingham City’s Children In Care emotional and mental health	
<b>Director(s)/ Corporate Director(s):</b>	Helen Blackman – Director, Children’s Integrated Services Directorate	<b>Wards affected:</b> City-wide
<b>Report author(s) and contact details:</b>	Matthew Jenkins, Team Manager, CAMHS CLA Team Aileen Wilson, Head of Early Help Services	
<b>Other colleagues who have provided input:</b>	Stuart Round, CAMHS CLA Specialist. Susan Spittal, Business Support Officer	
<b>Date of consultation with Portfolio Holder(s) (if relevant)</b>		

**Relevant Council Plan Key Theme:**

Strategic Regeneration and Development	<input type="checkbox"/>
Schools	<input type="checkbox"/>
Planning and Housing	<input type="checkbox"/>
Community Services	<input type="checkbox"/>
Energy, Sustainability and Customer	<input type="checkbox"/>
Jobs, Growth and Transport	<input type="checkbox"/>
Adults, Health and Community Sector	<input type="checkbox"/>
Children, Early Intervention and Early Years	X
Leisure and Culture	<input type="checkbox"/>
Resources and Neighbourhood Regeneration	<input type="checkbox"/>

**Summary of issues (including benefits to citizens/service users):**

- To provide an update on the develop and implementation of an offer from the Children and Adolescent Mental Health Service (CAMHS) to all who support Children in Care to ensure there is an effective strategy in place to enable placement stability and permanency in which a child or young person can thrive.

**Recommendation(s):**

<b>1</b>	<p>To continue to develop an offer in line with the countywide CAMHS transformation plan (as set out in the national Future in Mind Report) and the Directorate Plan for Children in Care to ensure appropriate and timely access to support. This will be achieved through:</p> <ul style="list-style-type: none"> <li>• Inclusion in the planning for additional residential capacity for complex children and young people within the city.</li> <li>• Completion of the national performance measures, Routine Outcome Measures and Revised Childrens Anxiety &amp; Depression Scale to evidence the effectiveness of support for all children and young people and ensure that the voice of the child is at the heart of the support</li> <li>• Participation in the development of a trauma informed service to improve the awareness, knowledge and skills around the impact of developmental trauma to better support children, young people and their networks</li> <li>• Participation in the Learning and Development offer to the Directorate workforce to share the experience, knowledge and skills within this hybrid team</li> </ul>
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**Ensure that all of the paragraphs in the sections of the report are numbered as below**

## **1 REASONS FOR RECOMMENDATIONS**

- To ensure that this specialist resource of clinicians and therapeutically trained social workers is used to maximum impact on outcomes for the Children in Care cohort
- To ensure that the work of this team is closely aligned to the fast pace of change in looked after strategies and to ensure the service is operated within budget
- To ensure that the Local Authority and the Health Trust leads are provided with the management information required to demonstrate that adequate governance, inform planning and development and demonstrate that the service is making a difference to children and young people in a range of care settings.

The CLA CAMHS team is jointly funded and governed by Nottingham City Council and Greater Nottingham Clinical Commissioning Partnership. The team consists of 1 Team Manager, 1 Mental Health Specialist, 5 Specialist Social Workers, 1 psychiatrist, 1 psychologist and a community health nurse, who provide specialist and clinical assessments and deliver therapy based advice and guidance in addition to direct therapeutic work.

.Although the integrated model brings some challenges around organisational accountability, there are significant positives:

- An integrated model brings the skills, knowledge and expertise of a multidisciplinary team offering different skills and expertise (the team employs health staff including a psychiatrist, a psychologist and a nurse specialist as well as specialist social work practitioners, with Health staff receiving clinical governance through their employment in Nottinghamshire Healthcare Foundation Trust).
- Children and young people who are looked after receive a service, which is tailored to meet their needs and improves joint working between CAMHS, social care and education services to address complex behaviour patterns.
- An acknowledgement that children and young people in care are likely to have experienced trauma and can struggle with learning and social relationships. The team aims to improve responses to this throughout the networks supporting children and young people

## **2 BACKGROUND (INCLUDING OUTCOMES OF CONSULTATION)**

**Performance update** : See Appendix 1 for detailed data

The operating guidance for this team has been reviewed and revised with all colleagues. This has led to improved throughput of work through adherence to timescales for assessed and planned work. The guidance will be evaluated for sign off at the quarterly review in October 2018.

### **Governance Reviews**

The last 2 joint quarterly reviews have had to be cancelled due to absence of a governance lead. The next one will take place in October 2018.

A Clinical Commissioning Group Quality Visit was undertaken in May 2018.

## Context to visit (taken from the feedback report)

*The quality visit was planned to complement the insights and intelligence about the Children Looked After service, CAMHS provision, which is jointly commissioned by Nottingham City Clinical Commissioning Group and Nottingham City Local Authority. Currently, this service does not have an individual service review but is monitored as part of the large mental health contract (adults and children) from a CCG perspective. Consequently, it is imperative that we ensure that the Childrens element of the large contract is not lost with an emphasis on what mental health services are being made available to children who are looked after.*

*In particular, the following key lines of enquiry were a focus:*

- *What is going well*
- *What are the main challenges and areas for development?*
- *Workforce; capacity, training, safeguarding and morale*
- *Service structure; links to local health provision and future plans*
- *Quality; child focused, outcome measures, effectiveness of model followed.*
- *Partnership; relationships between healthcare and L.A colleagues within the service and different providers, interface with the care leavers team*

### **What's working well:**

- The quality of the assessments are very high – the voice of the child is clear within the preselected records reviewed and anecdotal information imparted from the team.
- There is evidence of reflection within the service, and there is a reassuring level of awareness within the team of the relative strengths and areas for development – there is openness to new ways of working, and the team were keen to share ideas for how improvements can be made.
- The service currently use a model with young people where 'therapeutic' support is provided to the young person through the carer; following the carer having a consultation with the service. The service were keen to convey that this model is flexible and they will always have a consultation session with the young person where required.
- The team were keen to convey that the current team manager has strong leadership and management skills and they clearly value the support they have received from him. There is lots of supervision, both specialist and peer supervision.

### **Recommendations:**

- Strengthen relationships between the service and Social Work colleagues.
- Strengthen and development of pathways with the leaving care team.
- Review the current staffing model; nurse specialist post and recruitment to the existing vacant therapy post.
- Review how outcome measures are used and how they can be improved.
- Commissioners and service leads to review the mental health provision for looked after children/young people who are placed in Nottingham City from another area and children/young people who originate from Nottingham City who are placed out of area.

The responses to all of these recommendations are currently in development.

### **3 OTHER OPTIONS CONSIDERED IN MAKING RECOMMENDATIONS**

None

### **4 FINANCE COMMENTS (INCLUDING IMPLICATIONS AND VALUE FOR MONEY/VAT)**

There are no direct financial implications or value for money issues arising from this report

### **5 LEGAL AND PROCUREMENT COMMENTS (INCLUDING RISK MANAGEMENT ISSUES, AND LEGAL, CRIME AND DISORDER ACT AND PROCUREMENT IMPLICATIONS)**

None

### **6 STRATEGIC ASSETS & PROPERTY COMMENTS (FOR DECISION RELATING TO ALL PROPERTY ASSETS AND ASSOCIATED INFRASTRUCTURE) (AREA COMMITTEE REPORTS ONLY)**

None

### **7 EQUALITY IMPACT ASSESSMENT**

7.1 Has the equality impact of the proposals in this report been assessed?

No

X

An EIA is not required because this report does not contain proposals or financial decisions

### **8 LIST OF BACKGROUND PAPERS OTHER THAN PUBLISHED WORKS OR THOSE DISCLOSING CONFIDENTIAL OR EXEMPT INFORMATION**

Nottingham City Council Children's Integrated Services Plan 2018/19

### **9 PUBLISHED DOCUMENTS REFERRED TO IN COMPILING THIS REPORT**

PH28 Looked After Children & Young People National Institute for Health and Care Excellence (NICE) October 2010, modified 2013

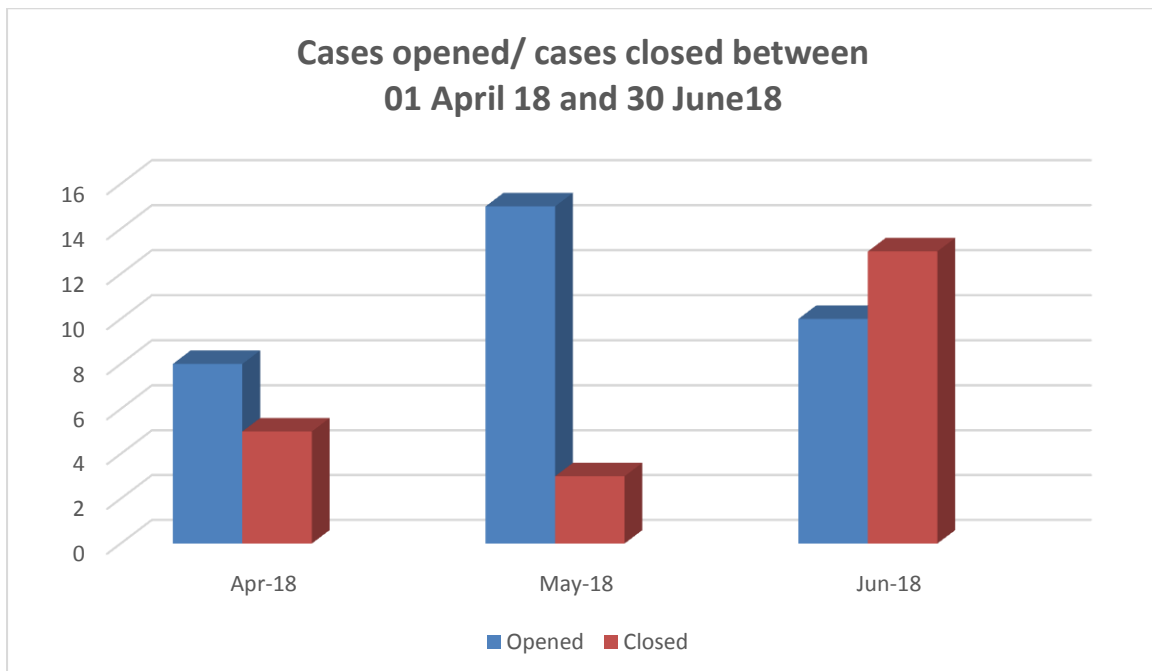
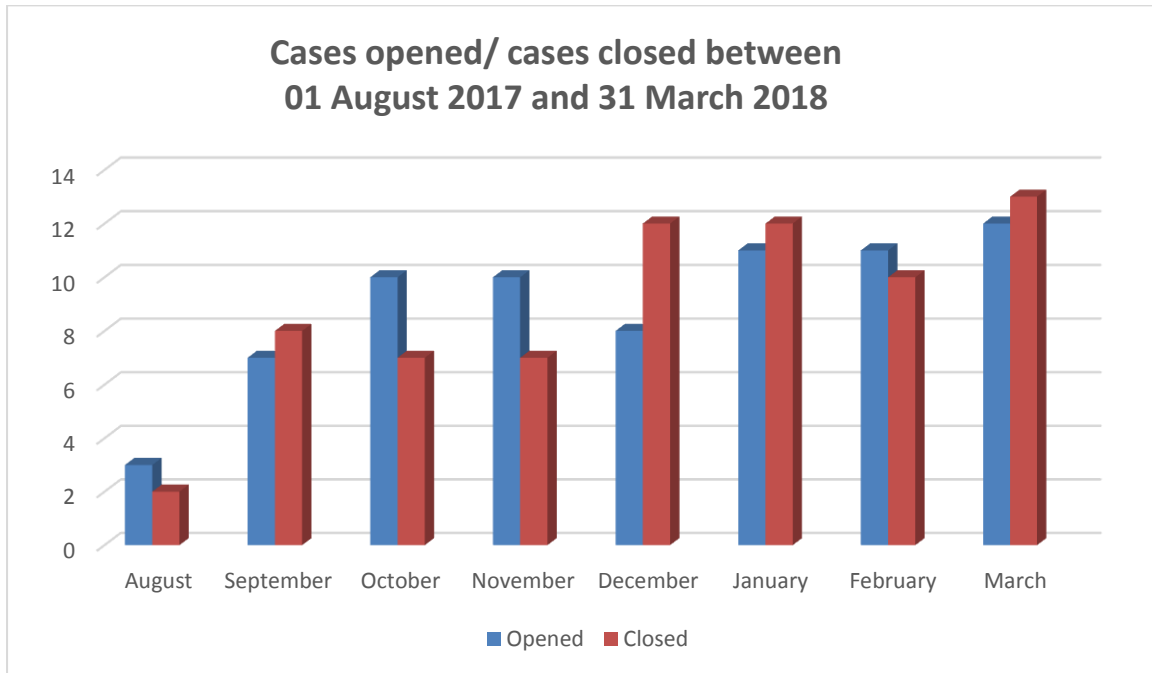
Future in Mind: Promoting, protecting and improving our children and young people's mental health and wellbeing (Department of Health, 2015)

**Nottingham City CAMHS Children Looked After Team**

**Team Overview**

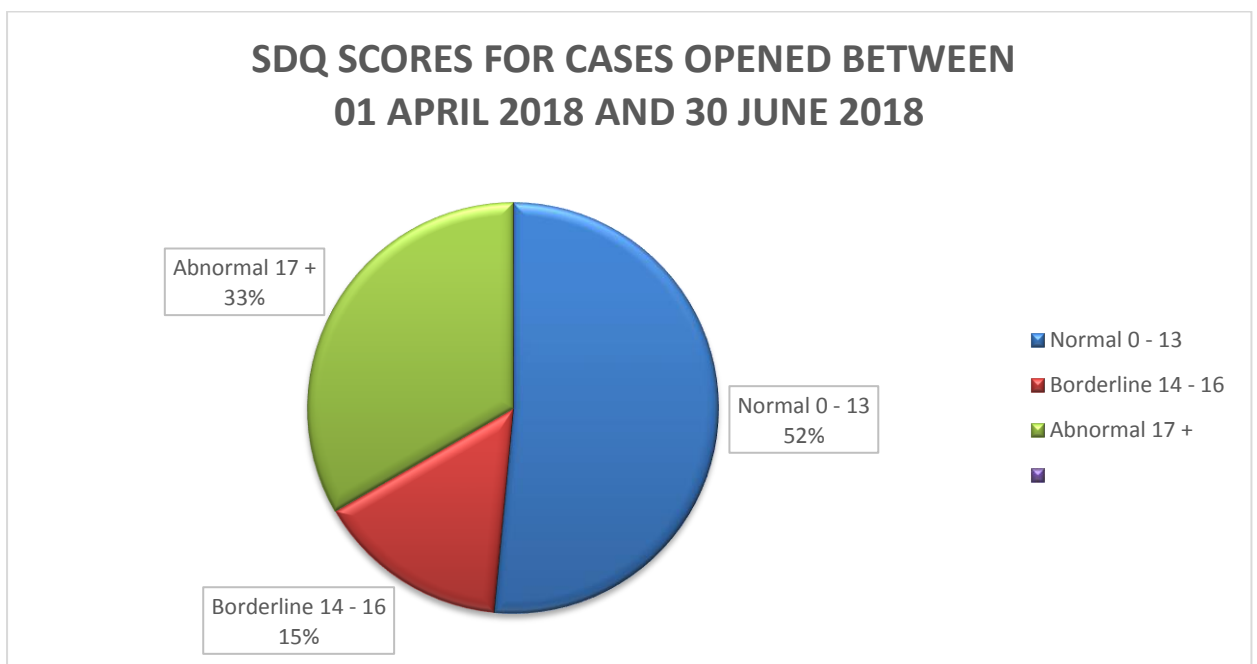
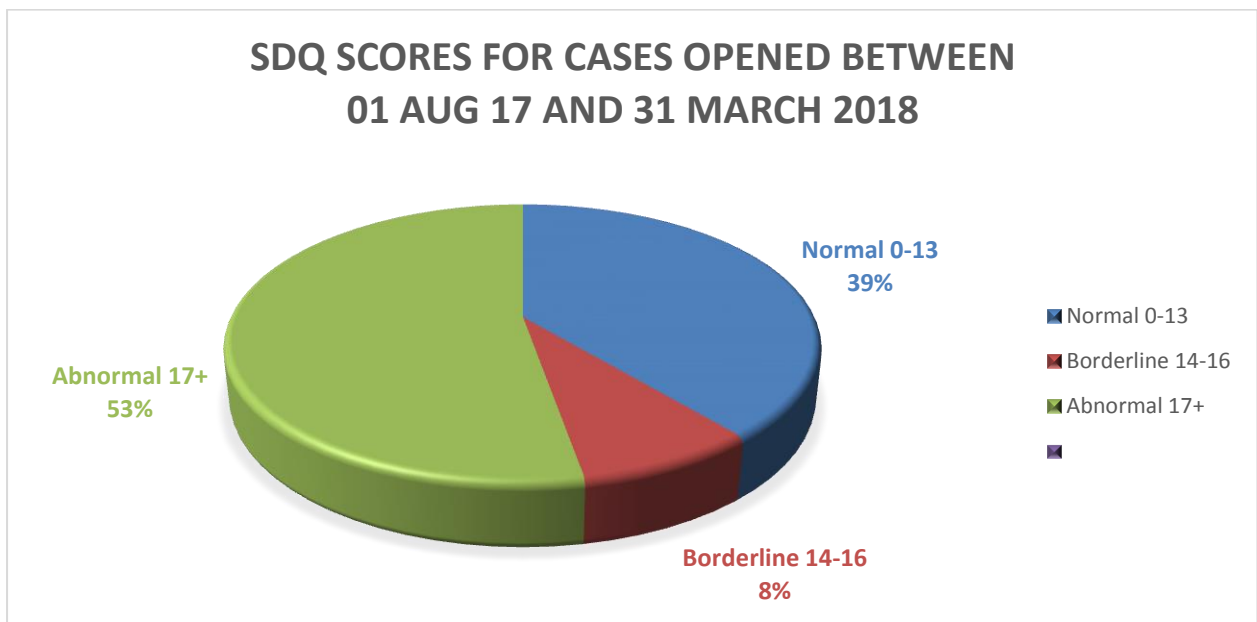
**2017 - 2018**

**Table 1**



A revised operating model is being tested before final sign off. This has provided improved focus on formulation, goal setting and planning within casework . There is also closer collaboration with Health colleagues, through fortnightly multiagency complex case discussions, proposed multiagency post-choice planning meetings and regular joint working to determine the best CAMHS interventions for children and young people. The team are currently working with 164 open cases, which is a slight increase in the number of cases open to the team in March 2018 (159). The team currently has a vacancy and recruitment is underway to fill this on a temporary basis to further test further information.

**Table 2**

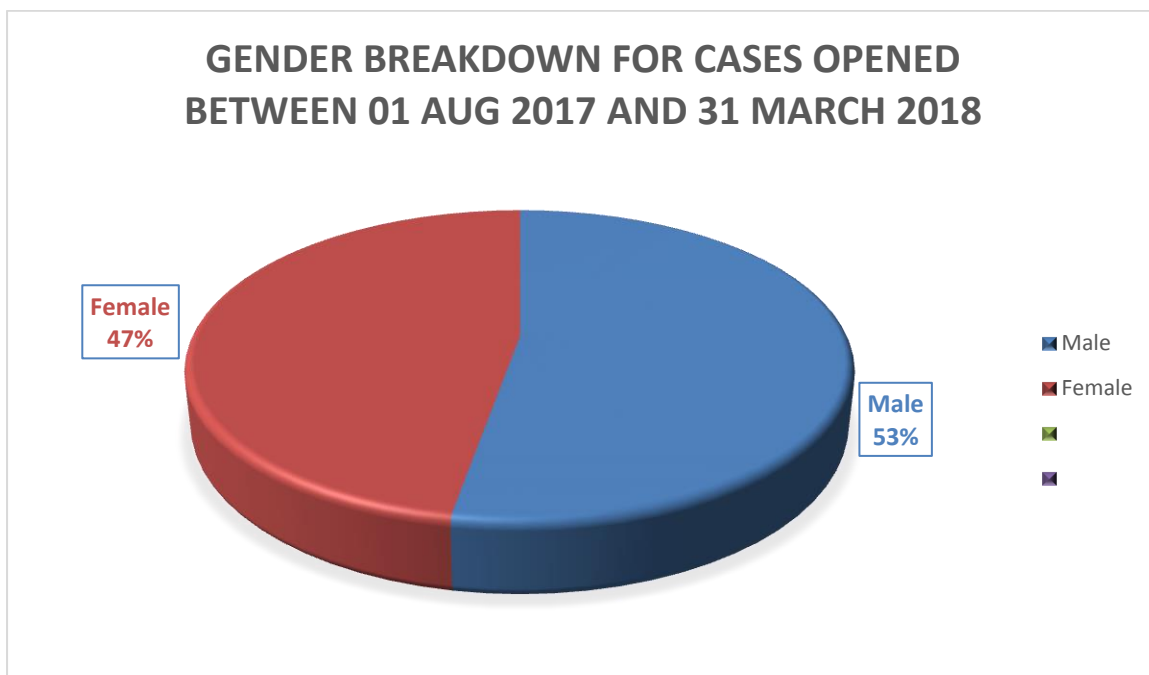


The referral guidance generally advises for those children and young people with a high (abnormal) SDQ (Strengths and Difficulties Questionnaire) score, who would benefit from an initial consultation. Whilst recognising the value of the SDQ as an aid to indicate difficulty, this cannot be used in isolation when making an assessment. Therefore the team will accept referrals where there are other concerning factors beyond the SDQ score (this, again, reflects the complexity and the bio-psycho-social nature of the difficulties that looked after children and young persons present with, and the subjective nature of SDQs scores). This may account for the increase in the number of children and young people referred with 'normal' SDQ scores.

We liaise with CIC Teams to ensure that as far as possible children, young people with abnormal SDQs who are not in receipt of a service are identified, and referral is encouraged. The mechanism for this is a review by CAMHS CLA of recent SDQ scores, which have been completed by CIC social workers, in the preceding month.

We are keen to target this team's resources towards children and young people with complex emotional, behavioural and mental health difficulties. This group can be placed out of area to support their need but this involves engaging the support of the relevant CAMHS service via the Clinical Commissioning Group, which can create further delay in accessing services. Residential homes provision is being developed to address this and the CAMHS CLA team is fully engaged in this.

**Table 3**



### GENDER BREAKDOWN FOR CASES OPENED BETWEEN 01 APRIL 2018 AND 30 JUNE 2018

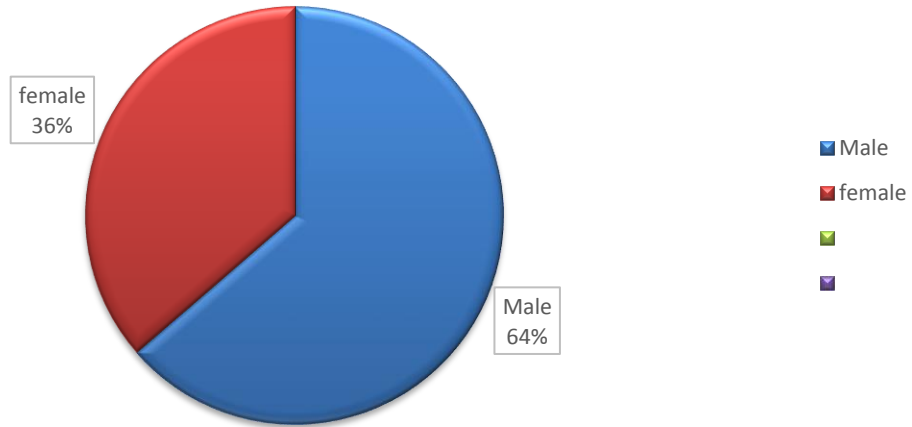
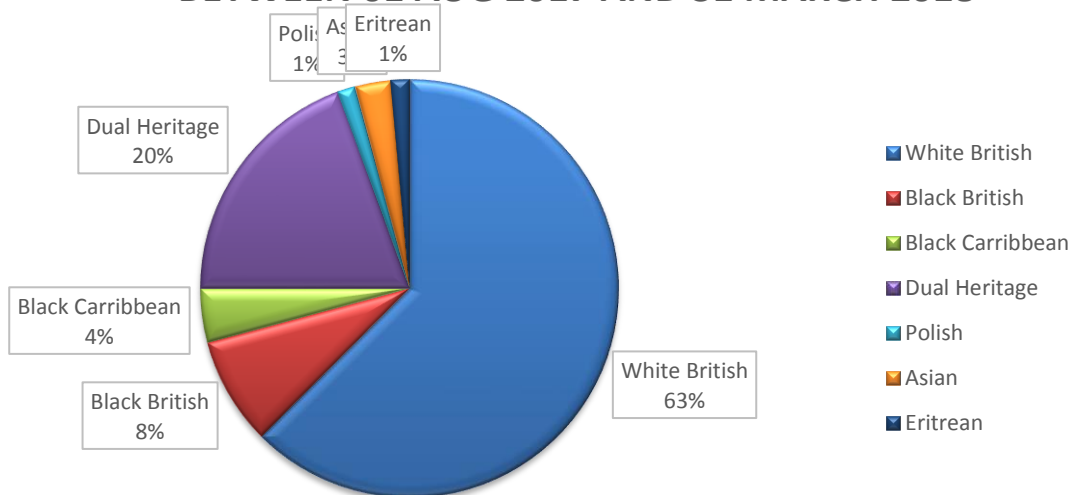


Table 3 shows the gender split across open cases and shows that we work with a slightly smaller group of females. This has remained consistent with previous figures from last year.

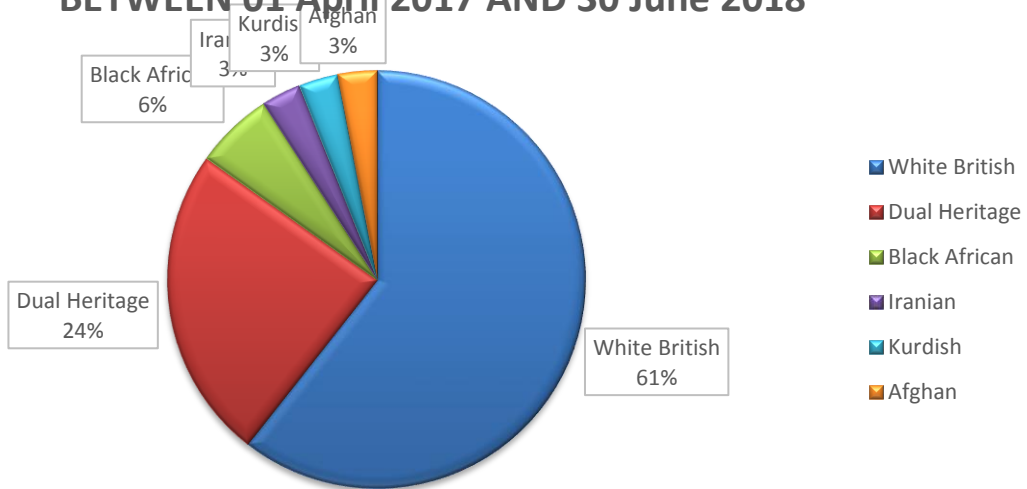
**Table 4**

### ETHNICITY BREAKDOWN FOR CASE OPENED BETWEEN 01 AUG 2017 AND 31 MARCH 2018





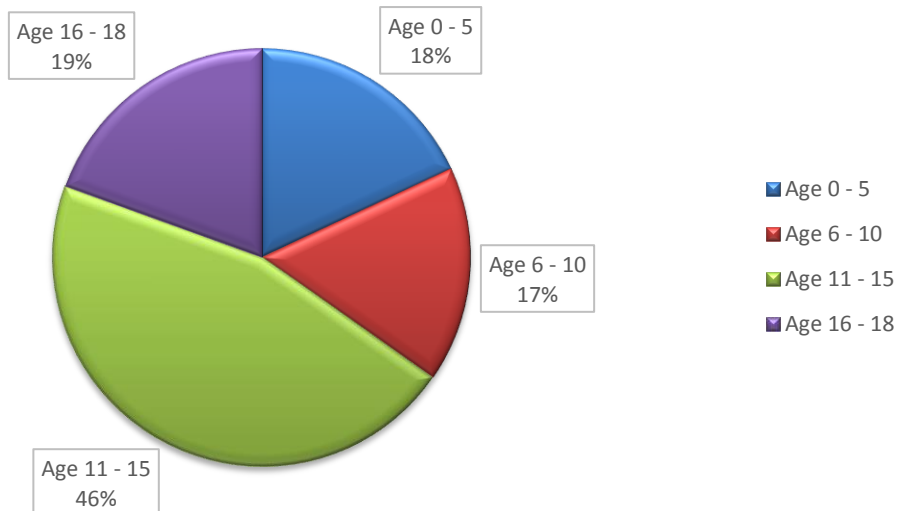
### ETHNICITY BREAKDOWN FOR CASES OPENED BETWEEN 01 April 2017 AND 30 June 2018



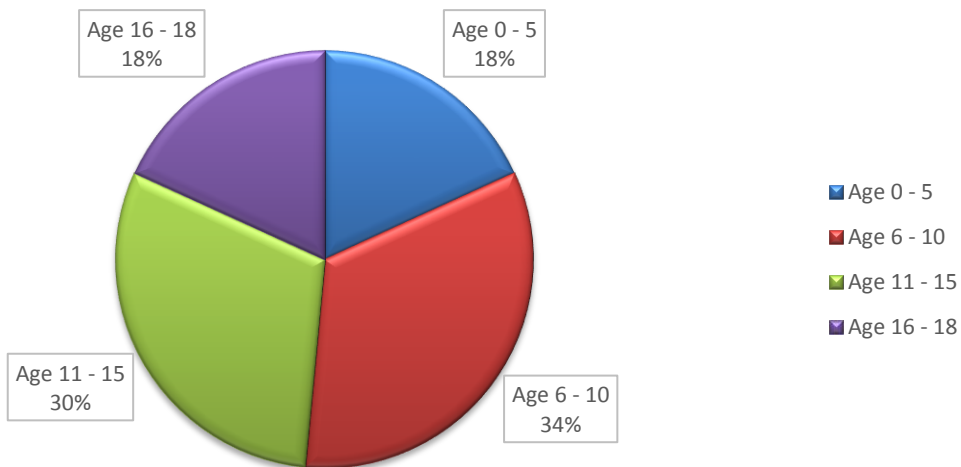
As in previous years, the team continues to work with a small number of UASCs (Unaccompanied Asylum Seeking Children). These figures remain similar to those previously collated. The team continues to work closely with the Refugee Forum and the Asylum Seeker and Refugee CAMHS Practitioner.

**Table 5**

### AGES OF CASES OPENED BETWEEN 01 AUGUST 2017 AND 31 MARCH 2018



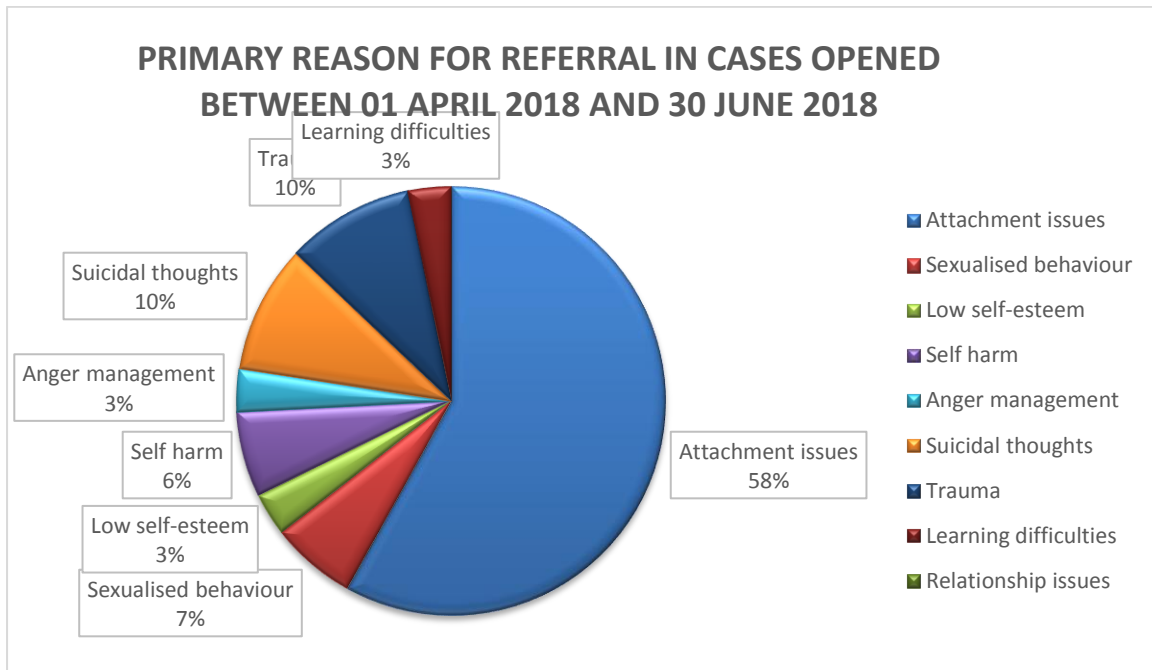
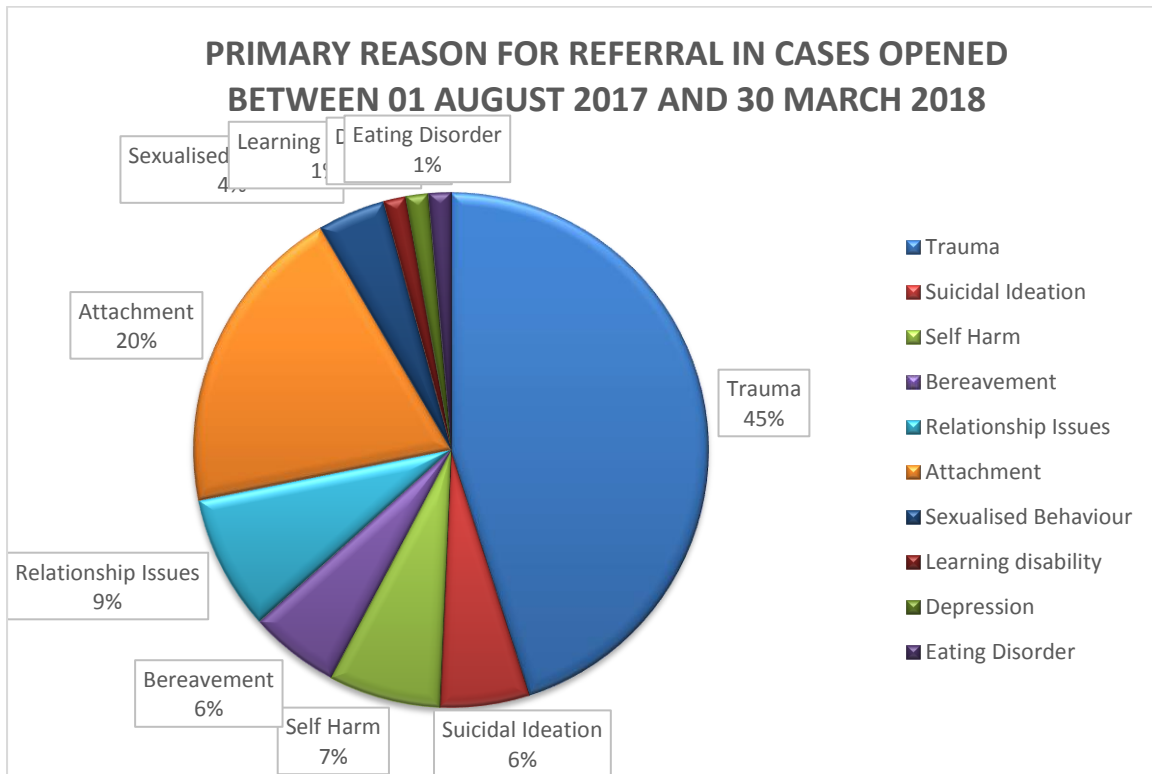
## AGES OF CASES OPENED BETWEEN 01 APRIL 2018 AND 30 JUNE 2018



We have seen an increase in the number of referrals for children in the 6-10 yrs age range. We welcome this change, as the research evidence suggests that early CAMHS intervention is linked with better outcome. Therefore, the earlier we can intervene, the more likely it is for the young person to shift towards a positive trajectory and reach optimum functioning in different areas of their of their lives by the time they reach adulthood (and contribute to society rather than poor functioning and costing the public sector). This could reflect a number of factors, including an awareness of the need to refer children as early as possible for support or that we are often asked to provide consultation to networks where the plan for children is adoption and networks are seeking advice and support.

With regard to the 16 – 18 age group, we have recognised that we need to play a bigger part in the Pathway Planning process, one of the elements of which is *emotional and behavioural development*. This is an issue, which we will continue to work on over the next year. Our Health partners have introduced a more robust transitions pathway and this is now being included in our work with young people who are over 17 years within their CAMHS plan.

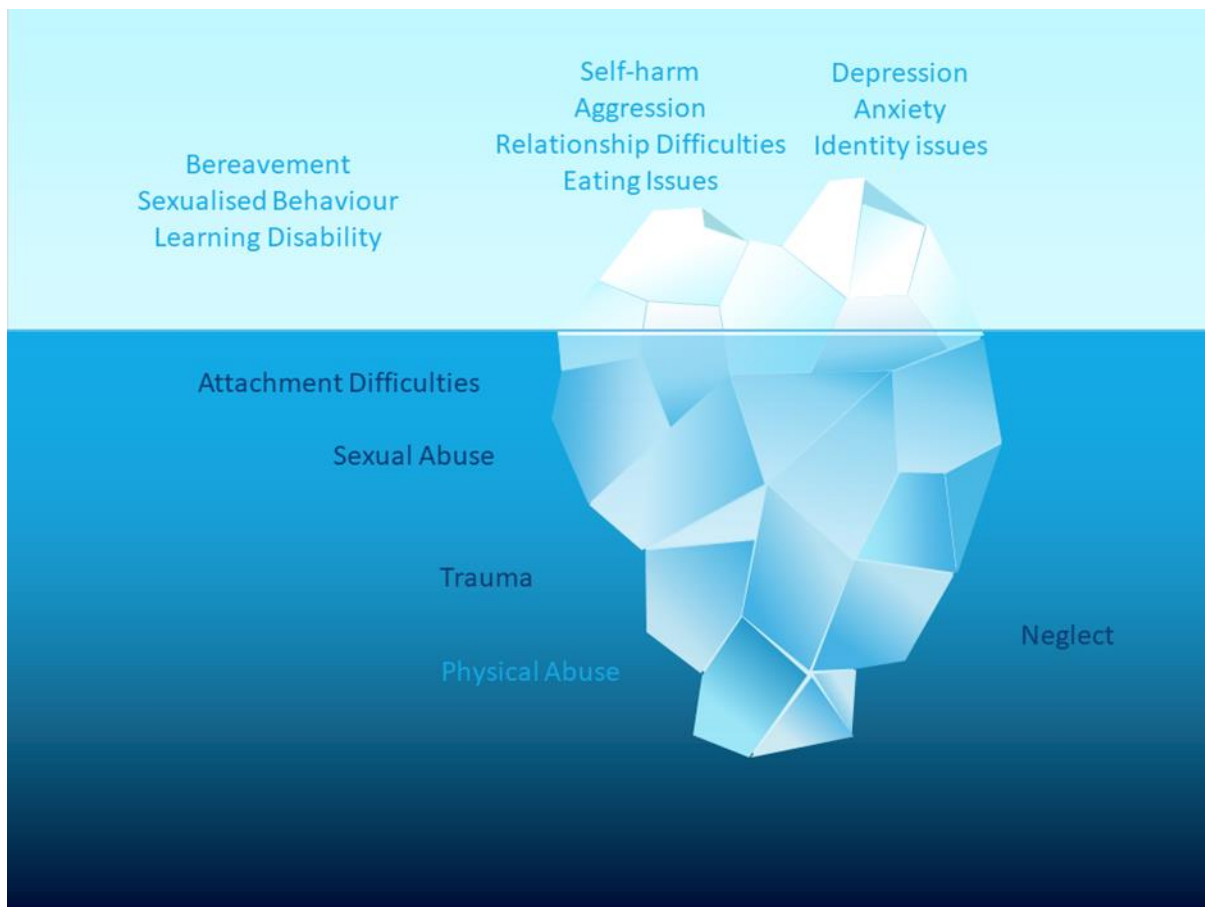
**Table 6**



There has been a change in the reason for referral from 'Trauma' being the primary reason to 'attachment'. The young person's social worker, referring into the team, provides the reason for referral. The categories provided on the referral form and those indicated by the referring social worker, do not always represent the difficulties presented by the child / young person, as CAMHS clinicians would view them. Whilst some referrers may indicate trauma as a presenting issue, this does not provide a descriptor of what is potentially manifesting. Reasons for referral such as

neglect and sexual abuse also provide little clinical insight into what is presenting, instead offering a perspective on potential causal factors. The diagram below represents the relationship between observable and historical issues considered at referral.

Broad descriptors such as behavioural difficulties may represent issues such as anger, aggression and self-harm but alone offer little insight into the type of behaviour, which is presenting. Similarly, emotional difficulties could represent trauma reactions, anxiety, depression and suicidal ideation. The openness of these categories offer little clinical value and impede the consistency within which presenting issues communicated in referral forms.



Self-harm continues to be a significant issue in terms of managing risk within the team and we have now developed a CAMHS CLA self-harm pathway, which is in use across the team. This aims to provide a more consistent and robust follow-up to self-harm incidents with regard to risk assessment and safety planning. We have developed close links with SHARP, who have delivered a programme of training throughout the year to increase knowledge and confidence across the team, and SHARP also offer monthly consultations to the team (3 each month).

We contribute to the emerging Directorate Trauma Informed Practice and provide training in relation to the impact of developmental trauma in a range of settings. Feedback has generally been very positive and anecdotally practitioners have said

that it has a positive impact on practice. This work will be further development with support from the Learning and Development Team during this performance year.

**Table 7**

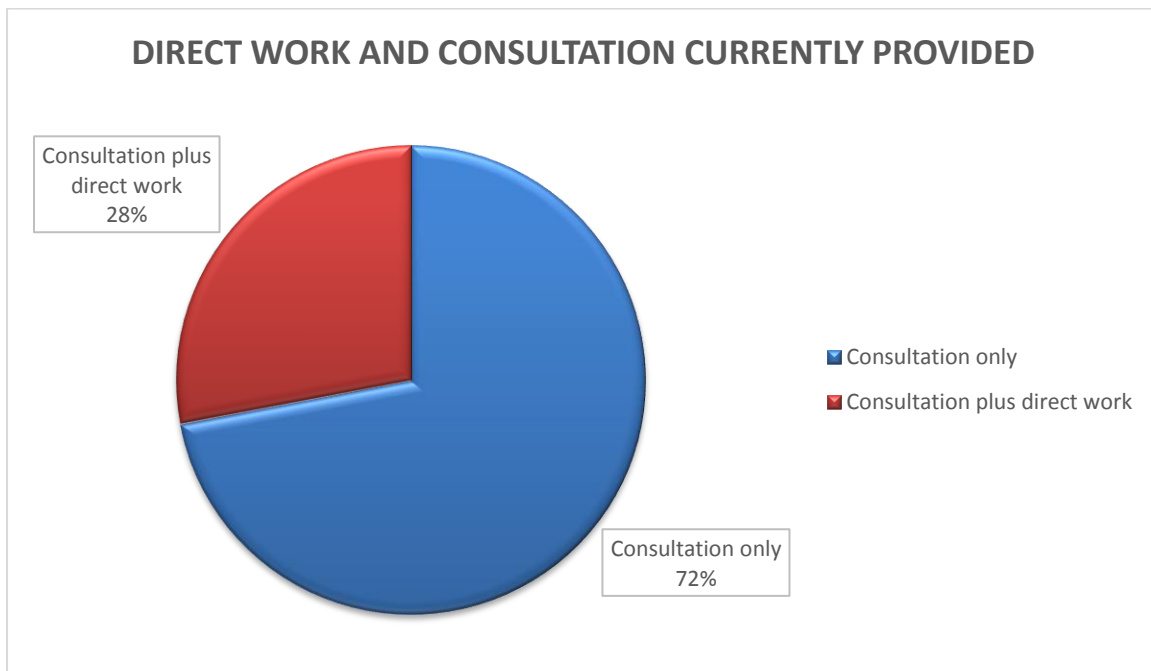
Average time from referral received to first appointment offered (in weeks):

August 17	4
September 17	3
October 17	2.5
November 17	3
December 17	4
January 18	4
February 18	4
March 18	3.5

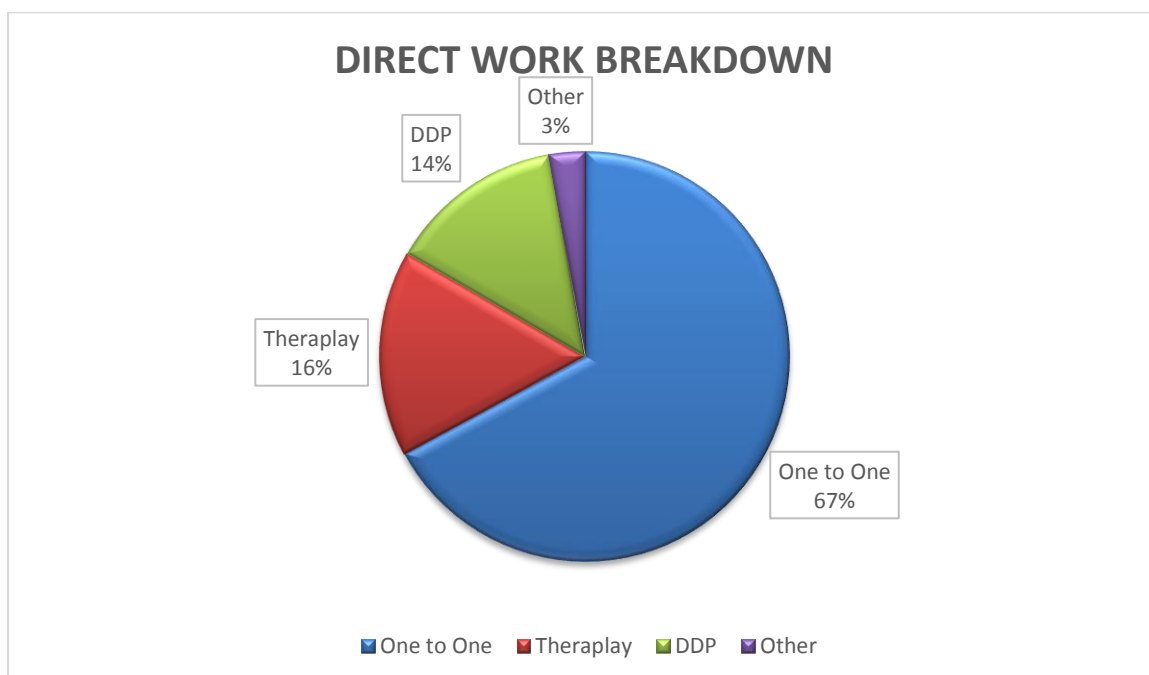
April 2018	3
May 2018	3.5
June 2018	3.5

□ The team aims to offer a Choice appointment within 2-4 weeks of referral. This table shows that we are consistently meeting this target, despite having a reduced staff team currently. The wait time to an extent is determined by network availability, particularly the availability of CIC social workers. We will always try to prioritise referrals for initial choice (i.e. where there are particular risk issues).

**Table 8**



**Table 9**



Tables 8 and 9 show the balance between direct work and consultation and how the team delivers direct work. With regard to Table 8, this shows that the team primarily work through a consultation model, based around supporting professional networks and offering a reflective space to think about a child or young person's history and understanding their behaviours in context.

Table 9 shows different evidence based approaches used in direct work.

□

Matthew Jenkins  
CAMHS CLA Team Manager  
August 2018

## Corporate Parenting Board

### Reporting Schedule: Forward Planner

#### 2018 - 2019

Report (Corresponding Strategic Priority Statement)	Report Lead	Draft Report submitted for Advice	Draft Report Submitted for Departmental Sign-off	Draft Report Submitted to Constitutional Services	Chair's Briefing	Final Report Submitted to Constitutional Services	Corporate Parenting Board
<ul style="list-style-type: none"> <li>▪ Quality Assurance Visits of Regulated and Non-regulated Residential Provision</li> <li>▪ Adoption and Permanency</li> <li>▪ Semi-Independence Provision</li> <li>▪ Children in Care Council (Verbal Update)</li> <li>▪ Children and Social Work Act Statutory Guidance (Presentation)</li> <li>▪ Report Forward Planner</li> </ul>	<ul style="list-style-type: none"> <li>▪ Kay Sutt</li> <li>▪ Audrey Taylor</li> <li>▪ Mike Rowley</li> <li>▪ Jon Rea</li> <li>▪ Clive Chambers / Nick Lee</li> <li>▪ Cllr Mellen</li> </ul>	2 <sup>nd</sup> April 2018	9 <sup>th</sup> April 2018	16 <sup>th</sup> April 2018	23 <sup>rd</sup> April 2018	9 <sup>th</sup> May 2018	21 <sup>st</sup> May 2018
<ul style="list-style-type: none"> <li>▪ Children in Care and Care Leavers Strategy Review</li> <li>▪ Pathway Planning / Transitions</li> <li>▪ Foster Carer Recruitment and Retention</li> <li>▪ CiC Performance Report (Q3/Q4 16/17)</li> <li>▪ Children in Care Council (Verbal Update)</li> <li>▪ Report Forward Planner</li> </ul>	<ul style="list-style-type: none"> <li>▪ Clive Chambers</li> <li>▪ Sharon Clarke</li> <li>▪ Audrey Taylor</li> <li>▪ Clive Chambers</li> <li>▪ Jon Rea</li> <li>▪ Cllr Mellen</li> </ul>	28 <sup>th</sup> May 2018	4 <sup>th</sup> June 2018	11 <sup>th</sup> June 2018	18 <sup>th</sup> June 2018	4 <sup>th</sup> July 2018	16 <sup>th</sup> July 2018
<ul style="list-style-type: none"> <li>▪ Care Leavers' Service Annual Report</li> <li>▪ Children in Care CAMHS Team Report</li> <li>▪ Independent Reviewing Officer Service Annual Report</li> <li>▪ Children in Care Council (Verbal Update)</li> <li>▪ Report Forward Planner</li> </ul>	<ul style="list-style-type: none"> <li>▪ Lynn Pearce / Your Voice</li> <li>▪ Aileen Wilson</li> <li>▪ Alison Platkiw (Case Studies)</li> <li>▪ Jon Rea</li> <li>▪ Cllr Mellen</li> </ul>	30 <sup>th</sup> July 2018	6 <sup>th</sup> August 2018	13 <sup>th</sup> August 2018	20 <sup>th</sup> August 2018	5 <sup>th</sup> September 2018	17 <sup>th</sup> September 2018

<b>Report (Corresponding Strategic Priority Statement)</b>	<b>Report Lead</b>	<b>Draft Report submitted for Advice</b>	<b>Draft Report Submitted for Departmental Sign-off</b>	<b>Draft Report Submitted to Constitutional Services</b>	<b>Chair's Briefing</b>	<b>Final Report Submitted to Constitutional Services</b>	<b>Corporate Parenting Board</b>
<ul style="list-style-type: none"> <li>▪ Children in Care Placements / Placement Sufficiency Strategy</li> <li>▪ Physical Health</li> <li>▪ Performance Report (Q1 and Q2 2017/18)</li> <li>▪ Children in Care and Care Leavers Strategy Review</li> <li>▪ Statement of Purpose Fostering Service and Adoption Agency (Verbal Update)</li> <li>▪ Advocacy Annual Report</li> <li>▪ Independent Visitor Annual Report</li> <li>▪ Children in Care Council (Verbal Update)</li> <li>▪ Report Forward Planner</li> </ul>	<ul style="list-style-type: none"> <li>▪ Holly Macer / Mike Rowley</li> <li>▪ Kathryn Higgins</li> <li>▪ Clive Chambers</li> <li>▪ Clive Chambers</li> <li>▪ Audrey Taylor</li> <li>▪ Children's Society</li> <li>▪ SOVA</li> <li>▪ Jon Rea</li> <li>▪ Cllr Mellen</li> </ul>	<b>8<sup>th</sup> October 2018</b>	<b>15<sup>th</sup> October 2018</b>	<b>22<sup>nd</sup> October 2018</b>	<b>29<sup>th</sup> October 2018</b>	<b>7<sup>th</sup> November 2018</b>	<b>19<sup>th</sup> November 2018</b>
<ul style="list-style-type: none"> <li>▪ Fostering and Adoption Panel Chairs Update</li> <li>▪ Adoption and Permanency (2)</li> <li>▪ Complaints Service Report</li> <li>▪ Educational Attainment of Children in Care</li> <li>▪ Children in Care Council (Verbal Update)</li> <li>▪ Report Forward Planner</li> </ul>	<ul style="list-style-type: none"> <li>▪ Audrey Taylor</li> <li>▪ Audrey Taylor / Clare Hewitson</li> <li>▪ Patrick Skeet</li> <li>▪ Jasmin Howell</li> <li>▪ Jon Rea</li> <li>▪ Cllr Mellen</li> </ul>	<b>26<sup>th</sup> November 2018</b>	<b>3<sup>rd</sup> December 2018</b>	<b>10<sup>th</sup> December 2018</b>	<b>17<sup>th</sup> December 2018</b>	<b>9<sup>th</sup> January 2019</b>	<b>21<sup>st</sup> January 2019</b>
<ul style="list-style-type: none"> <li>▪ NCSCB Missings Update Report</li> <li>▪ Edge of Care Provision</li> <li>▪ Reducing Offending Behaviour</li> <li>▪ Lord Laming Review</li> <li>▪ Children in Care Council: Have your Say 2018</li> <li>▪ Report Forward Planner</li> </ul>	<ul style="list-style-type: none"> <li>▪ Clive Chambers</li> <li>▪ Tracey Nurse / Mark Ball</li> <li>▪ Sam Flint / Natalie Pink</li> <li>▪ Sam Flint / Natalie Pink</li> <li>▪ Jon Rea / CiC-C Member</li> <li>▪ Cllr Mellen</li> </ul>	<b>28<sup>th</sup> January 2019</b>	<b>4<sup>th</sup> February 2019</b>	<b>11<sup>th</sup> February 2019</b>	<b>18<sup>th</sup> February 2019</b>	<b>6<sup>th</sup> March 2019</b>	<b>18<sup>th</sup> March 2019</b>



- SPS 1: Health
- SPS 2: Permanency
- SPS 3: Resilience and Independence
- SPS 4: Educational Attainment
- SPS 5: Suitable Accommodation
- SPS 6: Offending Behaviour

### **ATTENTION: IMPORTANT CHANGES TO REPORT SUBMISSION**

All\* reports scheduled to be presented to the Board must be produced and submitted through the corporate report management system – see link to access the system and for guidance

<http://gossweb.nottinghamcity.gov.uk/nccextranet/index.aspx?articleid=10263>.

When submitting the report for advice, you will be prompted to select reviewers. The following reviewers should be selected;

- 
- Clive Chambers
- Jordan Whatman

When submitting the report for departmental sign-off, you will be prompted to select reviewers. The following reviewer should be selected;

- Helen Blackman

(\* This only applies to reports produced by local authority staff. External partners should continue to submit reports via email to [jordan.whatman@nottinghamcity.gov.uk](mailto:jordan.whatman@nottinghamcity.gov.uk) no later than 10.00am on the date stated.)

Please note that additional reports may be added to the schedule by request of the Chair or other Board Members. Reports are also subject to schedule changes.

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